



The Doris Howell Foundation For Immediate Release

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A Life of Achievement in Women's Health Being Celebrated as Mayor Todd Gloria Proclaims December 2nd as the Doris Howell Day in San Diego

- Founder of the Doris A. Howell Foundation for Women's Health Research is dedicated to the promotion of women's health research and education
- Over \$450,000 in 182 undergraduate science scholarships have been awarded by the foundation since 1995

San Diego, CA, October 21, 2013 .- The Doris Howell Foundation is proud to announce the San Diego Mayor's proclamation of December 2nd as Doris Howell Day.

Dr. Howell is turning 90 on December 2nd. Her philosophy is simple. Women are at the center of the family's wellbeing. Through her guiding philosophy of **"Keeping the Women We Love Healthy"** she has made a lasting impact on society and the overall well being of women and their families. The mayor's proclamation comes as a birthday surprise during the November 6th Howell Foundation Luncheon. There will also be a lecture program 'The Latest Update on Breast Cancer and Reconstruction' by Anne Wallace, MD at the luncheon.

"We are elated that Dr. Howell is being recognized by the office of Mayor Gloria especially at her 90th birthday. Acknowledging gender differences in health care and treating women according to such differences; raising the glass ceiling for future female doctors is part of what motivates the Foundation And what a great way to do it than with the collaboration and inspiration of Dr. Howell", comments Patty Wellborn, Chair of the Doris Howell Foundation.

Doris A. Howell, M.D., a graduate of McGill University, is devoted to improving the lives of others. Her pervasive humanitarian outreach to those in need and to education is legendary. In addition to the recognition on behalf of the Mayor's office, Dr. Howell was also the recipient or the **McGill University Life Time Achievement Award in October of 2013**. Tribute to a life-long focus on health and education

include numerous awards; including the Salvation Army Woman of Distinction Award, the Humanism Award from the Health Care Foundation of New Jersey, and awards for leadership and service from the American Academy of Pediatrics. She has been listed in Who's Who in American Women.

A Pediatric Hematologist/Oncologist, and an internationally renowned leader in pediatrics and hospice care, she was a faculty member at Harvard and Duke Schools of Medicine, chair of the Dept. of Pediatrics at the Medical College of Pennsylvania, and on the faculty of UCSD Medical School where she chaired the Dept. of Community and Family Medicine. Serving on the San Diego Hospice Board of Directors since its inception, she was a driving force for San Diego Hospice, now a model of care that is recognized throughout the nation. She was elected Director Emerita in 1989.

Upon her formal retirement, Dr. Howell began to focus on the critical need to improve women's health care and research. She and concerned members of Soroptimist International of La Jolla began awarding research grants to young scholars. In 1995 the Soroptimists honored Dr. Howell by establishing the Doris A. Howell Foundation for Women's Health Research, an independent nonprofit foundation. She is still an active board member of the Howell Foundation.

“She is an inspiration to the many women who know and love her” comments Peg Neuhauser, friend of Dr. Howell for the past two decades.

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The mission of the Doris A. Howell Foundation for Women's Health Research is to fund undergraduate scientists in their relevant research and to educate women to be catalysts for better family health. A core belief of The Howell Foundation is that women are usually the nucleus for their families' health and by "Keeping the Women We Love Healthy" we can make a measurable difference in so many lives. The Foundation sponsors educational events on key topics affecting women and all members of the family.

The Speakers Service was created in 2013 to extend this educational mission into corporations and nonprofit organizations in San Diego and across the United States. One hundred percent of Peg's speaking fees go directly to the Howell Foundation.

For more information about the foundation please visit: www.howellfoundation.org

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