



The Doris Howell Foundation
For Women's Health Research
For Immediate Release
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Carol Tuggey Named as Foundation Vice-Chair.

- *Bringing the beginnings of the Howell Foundation full circle by naming former Soroptimist International of La Jolla Member as Howell Board Vice-Chair.*

San Diego, CA.- January 2019. The Doris A. Howell Foundation – a non-profit organization focused on promoting women's health and research through scholarships, grant awards and community-oriented events– announced the appointment of Ms. Carol Tuggey as Board Vice-Chair.

Kathleen Franklin, who will be stepping down as Co-Chair, will continue to serve on the Board of Directors in support of the initiatives of the Foundation. "I cannot begin to express my gratitude for the opportunity I had serve as Co-Chair for the Foundation. During my transition year, I will be working closely with the Executive Committee to ensure that we highlight the importance of women's health research and promoting our guiding principle of "keeping the women we love healthy", comments Kathleen "I am looking forward to working towards a successful succession plan for our organization and especially working with Carol during 2019"

Carol Tuggey has been part of the Board since 2010, and was instrumental in setting up the Howell Foundation on behalf of Soroptimist International of La Jolla as recognition to Dr. Howell back in 1995.

"Since there has been an emphasis on women's health, there has been much more research that uses female subjects and seeks to investigate how women and girls are affected by conditions both good and bad. When our Foundation offers undergraduate students the financial opportunity to do research, we encourage both scientists and women in general to benefit. When scholars are involved in publishing the work of their lab, they gain experience and also show the accomplishment of the research goal. The community benefits. We all benefit", comments Tuggey.

A volunteer-based Board of Directors and Officers have raised over \$700,000 dollars to fund over 250 future researchers in the area of women's health. Inspired by Dr. Doris Howell, the Board seeks to bring awareness on the manner which women's health issues are diagnosed and treated. To accomplish this goal, research NEEDS to include the female gender at a research level.

"I am impressed by the dedication of my fellow Board Members, and look forward to continue my work with such a capable group of professionals", she concluded.

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About the Doris A. Howell Foundation:

For the past 24 years, The Doris A. Howell Foundation for Women's Health Research has been dedicated to keeping to women we love healthy by making a long-term, positive impact on women's health. To date, it is the premier organization advancing women's health research and education.

The organization does so by funding scholarships to students researching issues affecting women's health; providing a forum for medical experts, scientists, doctors, and researchers to convey timely information on topics relevant to women's health, and by funding research initiatives that improve the health of under-served women and increase awareness and advocacy in the community; bringing women's health research to a full cycle.

For more information about the Doris A. Howell Foundation, please visit www.howellfoundation.org.